



## DIMENSIONAL<sup>®</sup> COLLABORACTION

*Learn how to take action to create productive partnerships with coworkers.*

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### NUTSHELL

COLLABORACTION is a one-day workshop that shows employees skills and techniques to gain cooperation and commitment from coworkers over whom they have no authority. The growth of project teams, task forces, and cross-functional teams has increased the need for this kind of collaboration. People at all levels of an organization can benefit from developing better interpersonal relationships and finding solutions to the day-to-day people problems that chip away at productivity.

### BENEFITS AND OUTCOMES

Participants in COLLABORACTION learn to:

- Understand their own and colleagues' behavior; applying Psychological Associates' exclusive Dimensional<sup>®</sup> Model of Behavior<sup>™</sup>
- Adapt to others' behavior to elicit ideas, communicate more effectively, and gain cooperation
- Resolve differences before they escalate and become disruptive
- Gain trust and a commitment to collaborating.

Those who attend also receive structured feedback about how effectively they have used their newly learned collaborative skills in order to apply them immediately when returning to work.

### HOW IT WORKS

This workshop relies on action learning linked to the real world. Before attending, participants identify a real-life work situation they want to resolve. At the workshop, they develop and practice various strategies to enhance collaborative problem-solving. Video demonstrations pave the way for practicing collaborative behavior during role plays. Team members provide feedback to help participants refine the real-life situation they want to resolve and to gain insights about their behavior. Back on the job, they are ready to apply what they've learned.

